



**brighter**bites®

## LOCAL HEALTH RESOURCES

Our number one priority is the health and well-being of our employees and the families and communities we serve. We hope that these resources will help ensure that you are able to continue to stay healthy and well. -The Brighter Bites Team

- Food Bank for Monterey County  
<https://foodbankformontereycounty.org/food-assistance/>
- Monterey County WIC  
<https://www.austintexas.gov/department/women-infants-and-children-wic>
- CalFresh Food Benefits  
<https://calfresh.dss.ca.gov/food/>
- Salvation Army Salinas  
[https://salinas.salvationarmy.org/salinas\\_corps/cure-hunger/](https://salinas.salvationarmy.org/salinas_corps/cure-hunger/)

*For more resources, visit <https://www.211ca.org/> or call 211*

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## RECURSOS LOCALES DE SALUD

Nuestra prioridad número uno es la salud y el bienestar de nuestros empleados y de las familias y comunidades a las que servimos. Esperamos que estos recursos le ayuden a garantizar que pueda seguir manteniéndose saludable y bien. - El equipo de Brighter Bites

- Banco de Alimentos para Monterey County  
<https://foodbankformontereycounty.org/food-assistance/>
- Bienvenido a WIC del Condado de Monterey  
<https://www.countyofmonterey.gov/government/departments-a-h/health/public-health/women-infants-and-children-wic/wic-home/inicio>
- Beneficios de alimentos de CalFresh  
<https://calfresh.dss.ca.gov/food/es>
- Salvation Army Salinas  
[https://salinas.salvationarmy.org/salinas\\_corps/cure-hunger/](https://salinas.salvationarmy.org/salinas_corps/cure-hunger/)

*Para obtener más recursos, visite <https://www.211ca.org/> o llame al 211*