



**brighter**bites®

## LOCAL HEALTH RESOURCES

Our number one priority is the health and well-being of our employees and the families and communities we serve. We hope that these resources will help ensure that you are able to continue to stay healthy and well. -The Brighter Bites Team

- Houston Food Bank  
<https://www.houstonfoodbank.org/#>
- SNAP Food Benefits  
<https://www.hhs.texas.gov/services/food/snap-food-benefits>
- Houston Food Pantries  
<https://referral.unitedwayhouston.org/Match-List.aspx?c;;0;;N;0;2135573;Basic%20Needs;-Food;475;Food%20Pantries~>
- United Way of Greater Houston  
<https://unitedwayhouston.org/what-we-do/211-texas-united-way-helpline/>
- WIC Houston Health Department  
<https://www.houstonhealth.org/services/family-child-health/wic>

*For more resources, visit <https://www.211texas.org/> or call 211*

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## RECURSOS LOCALES DE SALUD

Nuestra prioridad número uno es la salud y el bienestar de nuestros empleados y de las familias y comunidades a las que servimos. Esperamos que estos recursos le ayuden a garantizar que pueda seguir manteniéndose saludable y bien. - El equipo de Brighter Bites

- Banco de Alimentos de Houston  
<https://www.houstonfoodbank.org/#>
- Beneficios de alimentos de SNAP  
<https://www.hhs.texas.gov/es/servicios/alimentos/beneficios-de-alimentos-de-snap>
- Despensas de alimentos de Houston  
<https://referral.unitedwayhouston.org/Match-List.aspx?c;;0;;N;0;2135573;Basic%20Needs;-Food;475;Food%20Pantries~>
- United Way of Greater Houston  
<https://unitedwayhouston.org/what-we-do/211-texas-united-way-helpline/>
- Mujeres, bebés y niños (WIC)  
<https://es.houstonhealth.org/services/family-child-health/wic>

*Para obtener más recursos, visite <https://www.211texas.org/> o llame al 211*