



## LOCAL HEALTH RESOURCES

Our number one priority is the health and well-being of our employees and the families and communities we serve. We hope that these resources will help ensure that you are able to continue to stay healthy and well. -The Brighter Bites Team

- CAPK Food Bank  
<https://www.capk.org/food-bank/>
- CAPK WIC Program  
<https://www.capk.org/programs/wic/>
- CalFresh Food Benefits  
<https://calfresh.dss.ca.gov/food/>
- BenefitsCal  
<https://benefitscal.com/>
- Kern County Food Bank resources  
<https://www.kernfamilyhealthcare.com/health-library/story/fa10b73f-89e7-4b9e-971d-21bf2e4232f1>

*For more resources, visit <https://www.211ca.org/> or call 211*

---

## RECURSOS LOCALES DE SALUD

Nuestra prioridad número uno es la salud y el bienestar de nuestros empleados y de las familias y comunidades a las que servimos. Esperamos que estos recursos le ayuden a garantizar que pueda seguir manteniéndose saludable y bien. - El equipo de Brighter Bites

- CAPK Food Bank  
<https://www.capk.org/food-bank/>
- Programa WIC de CAPK  
[https://www-capk-org.translate.google.com/programs/wic/?x\\_tr\\_sl=en&x\\_tr\\_tl=es&x\\_tr\\_hl=en-US](https://www-capk-org.translate.google.com/programs/wic/?x_tr_sl=en&x_tr_tl=es&x_tr_hl=en-US)
- Beneficios de alimentos de CalFresh  
<https://calfresh.dss.ca.gov/food/es>
- BenefitsCal  
<https://benefitscal.com/>
- Recursos del Banco de Alimentos de Kern County  
<https://es.kernfamilyhealthcare.com/biblioteca-de-salud/story/fa10b73f-89e7-4b9e-971d-21bf2e4232f1/>

*Para obtener más recursos, visite <https://www.211ca.org/> o llame al 211*