



brighterbites®

INTERNSHIP ANNOUNCEMENT

Program Graduate Intern – Practicum Opportunity (part-time, unpaid)

Organization

Brighter Bites is a nonprofit that creates communities of health through fresh food with the goal of changing behavior among children and their families to prevent obesity and achieve long-term health. Brighter Bites is an evidence-based, multi-component elementary school, preschool, and summer camp program that provides reliable access to fruits and vegetables, nutrition education, and consistent exposure to recipes and messages that feature fresh food.

Since 2012, Brighter Bites has provided more than 40 million pounds of produce and 100,000s of nutrition education materials to more than 475,000 families and teachers in Houston, Dallas, Austin, New York City, Washington, D.C., Southwest Florida, and Salinas.

Programming Internship Overview

Brighter Bites offers graduate internships in our program department to graduate students interested in public health, nutrition, and nonprofit work. Graduate internships are for students enrolled in a graduate program who may need to complete a practicum project but exclude graduate students who only need community fieldwork hours. Graduate interns are exposed to all components of Brighter Bites to gain a well-rounded understanding of how a public health community nutrition non-profit operates.

Program graduate internships are available on an as-needed basis and as such are not guaranteed in all cohorts or in all cities. Graduate internships *may be* offered in three cohorts – fall, spring, and summer (dates vary based on city). Applicants who can commit to the full school year (fall + spring cohorts) preferred, but candidates who can commit to only one semester are also encouraged to apply.

Position Description

- Collaborates with Brighter Bites Program Director, Manager, Coordinators, and Associates in the field and office.
- Completes Learning Objective reflections provided by manager by specified deadlines.
- Completes specific project objectives (at least 50%), which will contribute to the expansion and/or improvement of Brighter Bites programming.
- Assists Program Coordinators and Associates with fieldwork (50% or less), including, but not limited to:
 - Working and communicating effectively with key site contacts, site volunteers, and families to create a friendly, fun, and health-conscious environment and to offer guidance and support for nutrition and culinary inquiries.
 - Participating in the bagging process, including setting up, bagging produce, monitoring volunteers, initiating and participating in clean-up efforts, delivering bags to teachers' classrooms, and distributing bags and educational materials to parent and community volunteers.

- Participating in the distribution process, including setting up, encouraging families to try the recipe sample, recording family participation on rosters, distributing nutrition education materials and produce to families, playing educational games with children, administering surveys to parents/guardians, and helping families to their cars.
 - Motivating site staff, volunteers, and families to engage with Brighter Bites staff.
 - Assisting Brighter Bites staff with preparation of weekly food samples, student nutrition lessons, nutrition material development, and fieldwork photography, as needed.
- Assists team with small projects on an as-needed basis.

Requirements

- Enrollment in a graduate degree program, preferably related to public health or nutrition.
- Commit to a minimum of 8 hrs/week Monday - Friday, OR the minimum determined by manager to complete project goals; a mix of fieldwork & office/remote work.
- Conversational Spanish language skills a plus.
- Must be able to travel independently to office and school sites around city area.
- Must be able to lift boxes/bags weighing up to 50 pounds each on a continuous basis.
- Displayed interest in nutrition education, public health, dietetics, food justice, culinary arts, and/or childhood obesity prevention.
- A passion for sharing the power of fresh food with others, especially elementary age children in an educational setting.
- A positive and energetic attitude.
- Exceptional customer service skills.
- Basic culinary, math, and computer skills.

*To apply, please fill out the **Programming Internship Application** and send it along with your resume to jacqueline.noyola@brighterbites.org.*