

NAME: \_\_\_\_\_

DATE: \_\_\_\_\_



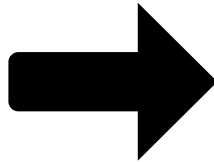
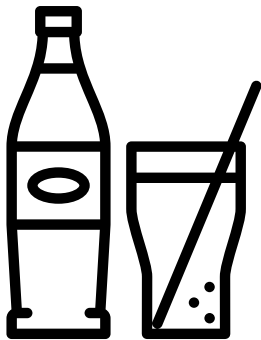
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# HEALTHY TOPIC: HEALTHY SWAPS

Below are some healthy swaps.

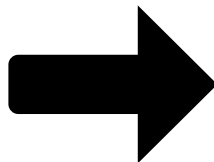
Label and color the GO foods and WHOA foods.

Circle the healthy options below!



\_\_\_\_\_

\_\_\_\_\_



\_\_\_\_\_

\_\_\_\_\_

## HEALTHY TIP:

EATING HEALTHY FOODS IS GOOD FOR OUR BODIES!

## PRODUCE ACTIVITY:

- List or draw two of your favorite GO foods below.