

NAME: _____

DATE: _____

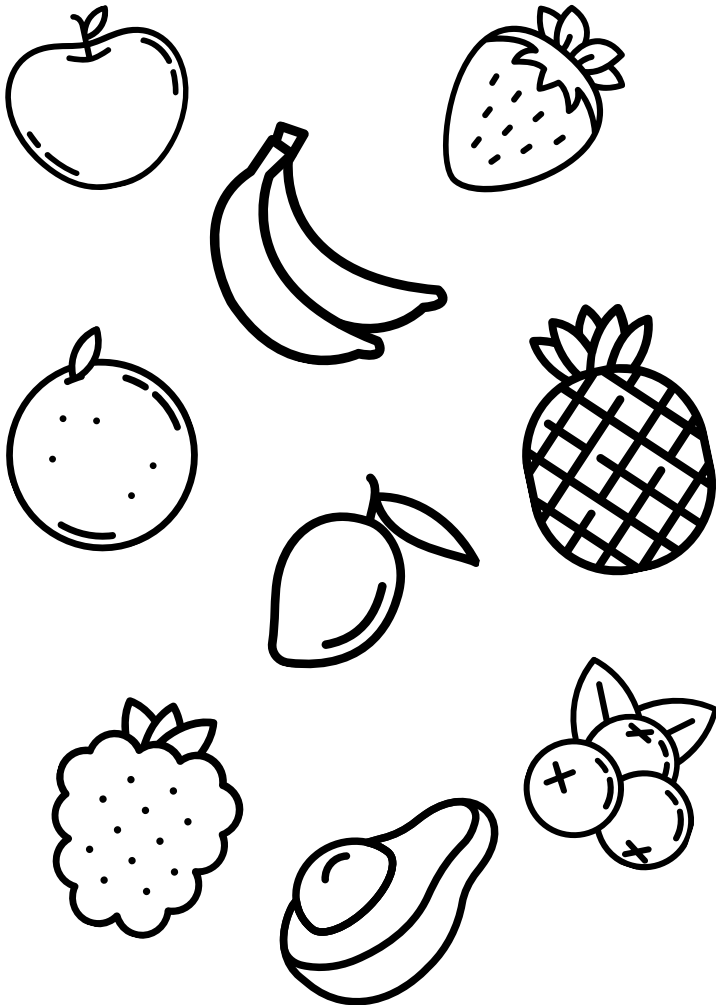


brighterbites®

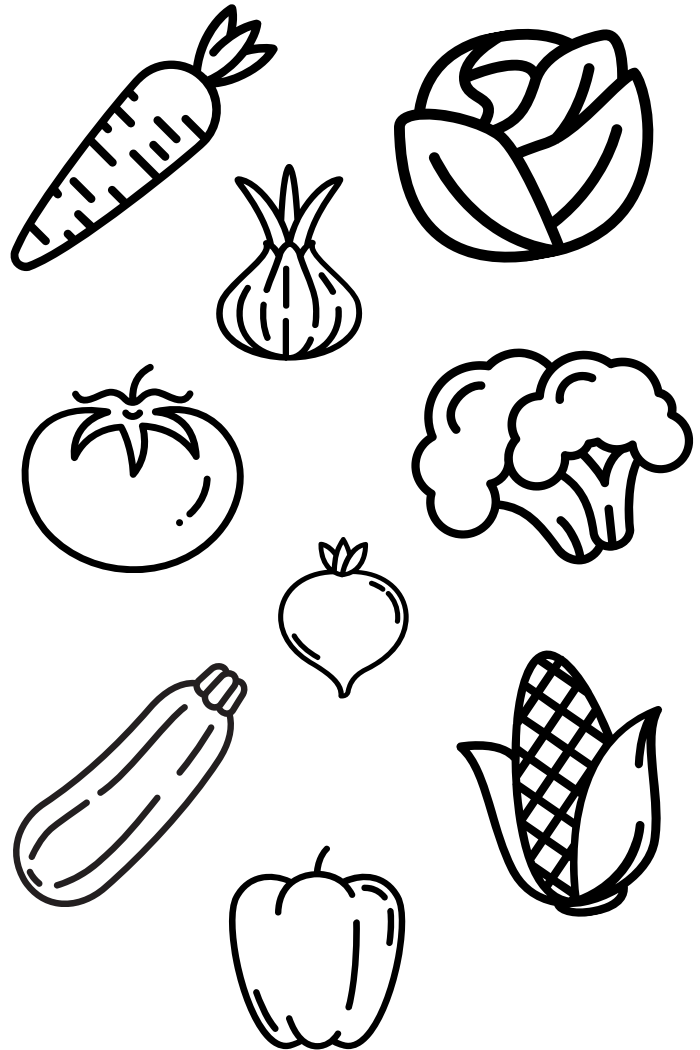
HEALTHY TOPIC: EAT THE RAINBOW

Make these fruits and vegetables come alive with your color pencil!

FRUITS



VEGETABLES



HEALTHY TIP: EATING MANY FRUITS AND VEGGIES OF DIFFERENT COLORS IS YUMMY AND GOOD FOR OUR HEALTH!

PRODUCE ACTIVITY:

What is your favorite fruit/veggie on the picture above and what color of the rainbow is it?