



HEALTH RESOURCES FOR YOU AND YOUR FAMILY

AS OUR DAILY LIVES CONTINUE TO ADAPT TO THE CHANGES
HAPPENING IN OUR COMMUNITY DUE TO COVID-19 (CORONAVIRUS),
WE WANT TO PROVIDE A LIST OF RESOURCES FOR YOU AND YOUR FAMILY
TO HELP YOU STAY HEALTHY AND WELL.

FOR MORE INFORMATION ON:



**FOOD
HOUSING**



**TRANSPORTATION
EMPLOYMENT
HEALTH**



**MENTAL HEALTH
PARENTING & FAMILY
CHILDCARE**



PLEASE VISIT WWW.CONNECTATX.ORG
OR CALL 211.

Our number one priority is the health and well-being of our employees and the families and communities we serve. We hope that these resources will help ensure that you are able to continue to stay healthy and well during these tough circumstances.

-The Brighter Bites Austin Team