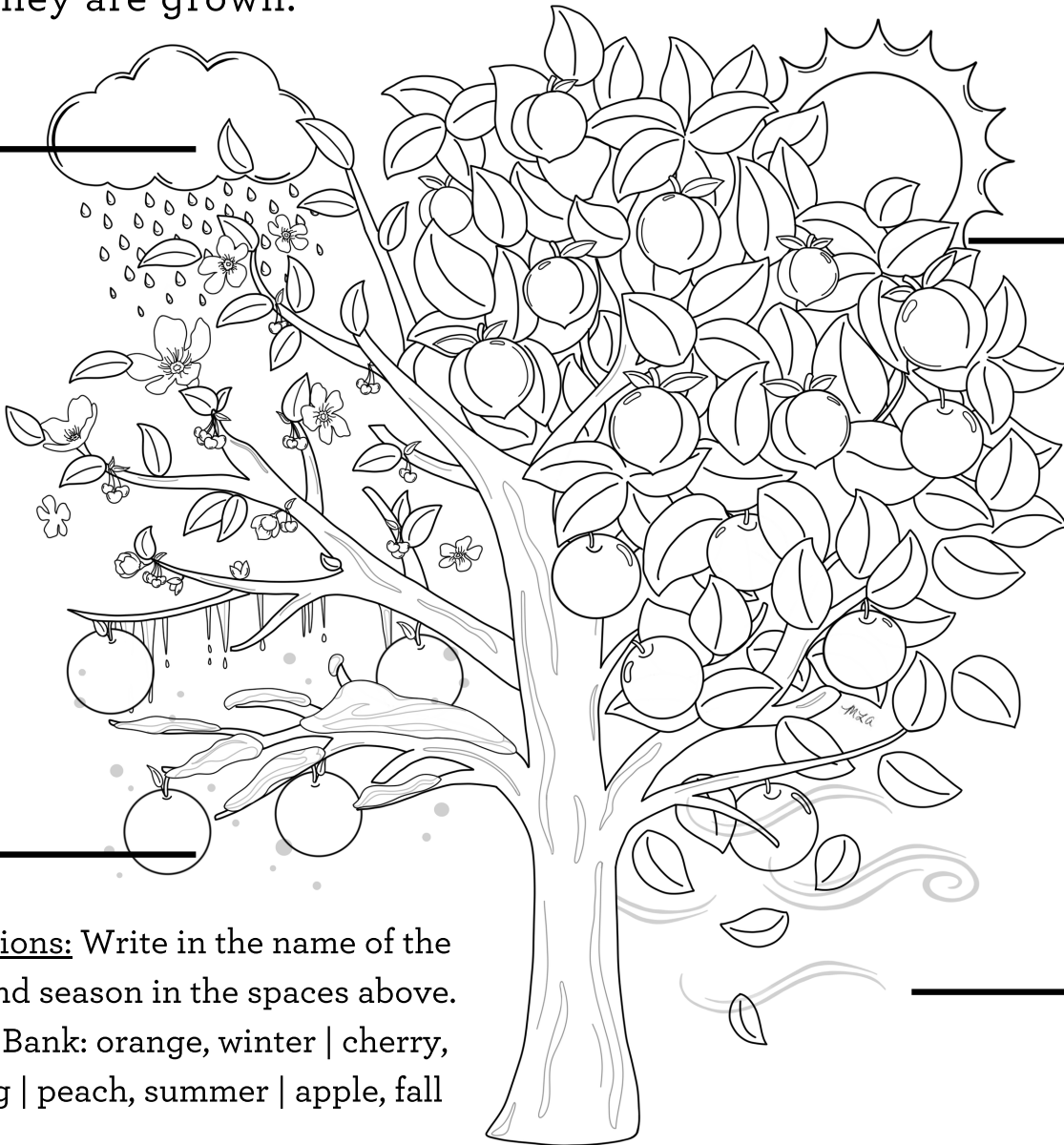


NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

## HEALTHY TOPIC: FRUIT

Fruits are sweet and come in all shapes and colors and sizes. Don't forget that all fresh fruits are GO Foods! Fruits aren't grown all year round. They are the yummiest when you can eat them at the same time they are grown.



Directions: Write in the name of the fruit and season in the spaces above.

Word Bank: orange, winter | cherry, spring | peach, summer | apple, fall

### PRODUCE ACTIVITIES:

- Check different fruits to discover their seeds.
- Explore the plants and trees each produce item comes from.
- Describe what it means to eat fruits that are "in season."