



brighter**bites**®

HEALTH RESOURCES FOR YOU AND YOUR FAMILY

AS OUR DAILY LIVES CONTINUE TO ADAPT TO THE CHANGES HAPPENING IN OUR COMMUNITY DUE TO COVID-19 (CORONAVIRUS), WE WANT TO PROVIDE A LIST OF RESOURCES FOR YOU AND YOUR FAMILY TO HELP YOU STAY HEALTHY AND WELL.



FINANCIAL:

- Community Assistance Program (HFB)
<https://www.houstonfoodbank.org/our-programs/communityassistanceprogram/>



EMPLOYMENT:

- Texas Workforce Commission (unemployment benefit services)
<https://www.twc.texas.gov/jobseekers/unemployment-benefits-services>
- SER – Jobs for Progress - <https://serhouston.org/application/>



FOOD:

- The Houston Food Bank - <https://www.houstonfoodbank.org/covid19/>



HOUSING:

- Catholic Charities - <https://catholiccharities.org/our-services/>
- Harris County Community Services Dept. - <https://csd.harriscountytexas.gov/Pages/Rental-Assistance.aspx>



TRANSPORTATION:

- Metro COVID-19 response
<https://content.govdelivery.com/accounts/TXMETRO/bulletins/281ea49>



CHILD CARE:

- YMCA of Greater Houston - <https://www.ymahouston.org/essential-personnel-child-care>
- Resources for parents
https://www.healthychildren.org/English/family-life/family-dynamics/communication-discipline/Pages/Positive-Parenting-and-COVID-19_10-Tips.aspx

CLINICS/DOCTORS:

- Access Health Clinic - <http://www.accesshealthclinetexas.com/>
- Greater Houston Low Cost Clinics
<https://www.texaschildrens.org/sites/default/files/uploads/documents/Low%20Cost%20Clinic%2>

Our number one priority is the health and well-being of our employees and the families and communities we serve. We hope that these resources will help ensure that you are able to continue to stay healthy and well during these tough circumstances.

-The Brighter Bites Houston Team



**Brighter Bites, the YMCA, and the Houston Food Bank
are hosting Produce Distributions.**

Mondays - Saturdays 11:00AM - while supplies last



**PRODUCE
DISTRIBUTION**

We are providing bags full of fresh fruits and vegetables for you and your family.



**DRIVE
THRU**

No need to get out of your car, we will load your vehicle for you.



**OUR
COMMUNITY**

Bags will be available on a first-come, first-served basis, while supplies last.

Aldine-Greenspoint Family YMCA
(Hosted by North Houston Skate Park)
12351 Kuykendahl Road
Houston, TX 77067

Saturdays- 5/2, 5/9, 5/16, 5/30
Tuesdays- 5/5, 5/12, 5/19, 5/26

Alief Family YMCA (Hosted by Alief ISD)
LeRoy Crump Stadium
12321 Alief Clodine
Houston, TX, 77072

Fridays- 5/1, 5/8, 5/15, 5/22, 5/29
Wednesdays- 5/6, 5/13, 5/20, 5/27

Connect YMCA
6700 Bellaire Boulevard
Houston, TX 77074

Saturdays- 5/2, 5/9, 5/16, 5/30
Mondays- 5/4, 5/11, 5/18

East End YMCA (Hosted by AAMA)
6001 Gulf Freeway
Houston, TX 77023

Tuesdays- 5/5, 5/12, 5/19, 5/26
Thursdays- 5/7, 5/14, 5/21, 5/28

Edgar A. Smith YMCA
14650 TX-3
Webster, TX 77598

Mondays- 5/11, 5/18
Thursdays- 5/14, 5/21, 5/28

Harriet & Joe Foster Family YMCA
1234 West 34th Street
Houston, TX 77018

Mondays- 5/4, 5/11, 5/18
Thursdays- 5/7, 5/14, 5/21, 5/28

Houston Texans YMCA
5202 Griggs Road
Houston, TX 77021

Tuesdays- 5/5, 5/12, 5/19, 5/26

MD Anderson Family YMCA
705 Cavalcade Street
Houston, TX 77009

Fridays- 5/1, 5/8, 5/15, 5/22, 5/29
Wednesdays- 5/6, 5/13, 5/20, 5/27

Wendel D. Ley Family YMCA
(Hosted by North Shore Sr High School)
353 Castlegory Dr.
Houston, TX 77049

Fridays- 5/1, 5/8, 5/15, 5/22, 5/29
Wednesdays- 5/6, 5/13, 5/20, 5/27

The better we nourish, the brighter we flourish.

HOUSTON · DALLAS · AUSTIN · NEW YORK CITY · WASHINGTON, D.C. · SOUTHWEST FLORIDA

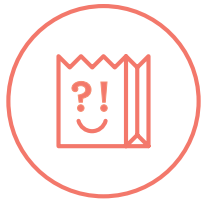
WWW.BRIGHTERBITES.ORG



*Brighter Bites, the YMCA, and the Houston Food Bank are hosting **Produce Distributions.***

*Saturdays- 5/2, 5/9, 5/16, 5/30
1:00PM - while supplies last*

*Pasadena Convention Center
7902 Fairmont Parkway
Pasadena, TX 77507*



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