



brighterbites®

## INTERNSHIP ANNOUNCEMENT

### Program Dietetic Intern (unpaid rotation)

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#### Organization

Brighter Bites is a nonprofit that creates communities of health through fresh food with the goal of changing behavior among children and their families to prevent obesity and achieve long-term health. Brighter Bites is an evidence-based, multi-component elementary school, preschool, and summer camp program that provides reliable access to fruits and vegetables, nutrition education, and consistent exposure to recipes and messages that feature fresh food.

Since launching in 2012, Brighter Bites has distributed more than 19 million pounds of produce and hundreds of thousands of nutrition education materials to 265,000 individuals from more than 40,000 families through schools and summer camps in Houston, Dallas, Austin, New York City, Washington, D.C., and Southwest Florida.

#### Programming Internship Overview

Brighter Bites offers dietetic internships in our programming department to dietetic students enrolled in a dietetic program requiring a community health/nutrition rotation. Dietetic interns are exposed to all components of Brighter Bites programming to gain a well-rounded understanding of how a public health community nutrition non-profit operates.

Programming dietetic internships *may be* offered in three cohorts – fall, spring, and summer (dates vary based on city). Internship lengths are flexible based on dietetic program requirements.

#### Position Description

- Collaborates with Brighter Bites Program Director, Manager, Coordinators, and Associates in the field and office.
- Completes Learning Objective reflections provided by manager by specified deadlines.
- Completes specific projects to be determined by manager upon acceptance (25%), which will include contributing to the expansion and/or improvement of existing nutrition education materials and completing project components by assigned deadlines.
- Assists Program Coordinators and Associates with fieldwork (75%), including, but not limited to:
  - Working and communicating effectively with key site contacts, site volunteers, and families to create a friendly, fun, and health-conscious environment and to offer guidance and support for nutrition and culinary inquiries.
  - Participating in the bagging process, including setting up, bagging produce, monitoring volunteers, initiating and participating in clean-up efforts, delivering bags to teachers' classrooms, and distributing bags and educational materials to parent and community volunteers.
  - Participating in the distribution process, including setting up, encouraging families to try the recipe sample, recording family participation on rosters, distributing nutrition education materials and produce to families, playing educational games with children, administering surveys to parents/guardians, and helping families to their cars.
  - Motivating site staff, volunteers, and families to engage with Brighter Bites staff.

- Assisting Brighter Bites staff with preparation of weekly food samples, student nutrition lessons, nutrition material development, and fieldwork photography, as needed.
- Assists team with other small projects on an as-needed basis.

### Requirements

- Enrollment in a Coordinated Program in Dietetics or other dietetic program requiring a community health or nutrition rotation.
- Commitment to a minimum of 8 hrs/week Monday – Friday, OR the minimum hours per week required by the dietetic program; a mix of fieldwork & office/remote work.
- Conversational Spanish language skills a plus.
- Must be able to travel independently to office and school sites around city area.
- Must be able to lift boxes/bags weighing up to 50 pounds each on a continuous basis.
- Displayed interest in nutrition education, public health, dietetics, food justice, culinary arts, and/or childhood obesity prevention.
- A passion for sharing the power of fresh food with others, especially elementary age children in an educational setting.
- A positive and energetic attitude and initiative.
- Exceptional customer service skills.
- Basic culinary, math, and computer skills.

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*To apply, please fill out the **Programming Internship Application** at [www.brighterbites.org/intern-with-us](http://www.brighterbites.org/intern-with-us) .*