



**brighter**bites

## Internship Announcement

### Program Fieldwork Intern (part-time, seasonal, unpaid)

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#### Organization

Brighter Bites is a 501(c)(3) nonprofit organization that creates communities of health through fresh food. Our goal is to change behavior among children and their families to prevent obesity and achieve long-term health.

We operate an evidence-based, comprehensive, multi-component elementary school, preschool, and summer camp program that utilizes reliable access to fruits and vegetables, nutrition education, and consistent exposure to recipes and messages that feature fresh food. For 16 weeks during the school year and 8 weeks during the summer, Brighter Bites provides: 1) 50 servings (~25lbs) of fresh fruits and vegetables to participating families each week, 2) nutrition education taught in the classroom through a train the trainer model, as well as handbooks, recipe cards and healthy tip sheets for parents, and 3) a fun food experience consisting of a healthy recipe tasting for families to try when they pick up their produce.

Since inception in 2012, Brighter Bites has distributed nearly 15M lbs. of produce to more than 30,000 separate families whose kids attend over 100 different schools, camps, and after school programs. We have active programming in Houston, Dallas, Austin, New York, Washington, D.C., and SW Florida; in 2018 we will be building out our strategic plan, which envisions a nationwide expansion of Brighter Bites.

#### Role

The Brighter Bites Fieldwork Intern is exposed to all components of programming to gain a well-rounded understanding of how a public health community nutrition non-profit operates. Candidates who can commit to the full school year (August - May) preferred, but candidates who can commit to fall only (August - December) or spring only (January - May) are also encouraged to apply.

#### Position Description

- **Assists Program Coordinators and Associates with fieldwork at program sites, including, but not limited to:**
  - Preparing and setting up site workspaces for bagging and distribution
  - Welcoming and guiding volunteers and families
  - Participating in the bagging process, including bagging produce, monitoring volunteers, initiating and participating in clean-up efforts, delivering bags to teachers' classrooms, and distributing bags and educational materials to parent and community volunteers.
  - Participating in the distribution process, including encouraging families to try the recipe sample, recording family participation on rosters, distributing nutrition education materials and produce to families, playing educational games with children,

administering health-related surveys to parents/guardians, and helping families to their cars.

- Motivating site staff, volunteers, and families to engage with Brighter Bites staff.
  - Actively engaging with volunteers, parents, and children at distributions by asking and answering nutrition and culinary questions and offering guidance and support.
  - Working and communicating effectively with key site contacts, site volunteers, and families to create a friendly, fun, and health-conscious environment.
  - Taking photos and obtaining required media release information from families to contribute to Brighter Bites' social media photo bank.
  - Teaching student nutrition lessons and activities, as needed.
- **Completes Fieldwork Learning Objective reflections provided by Program Director and Manager by specified deadlines.**
- Collaborates with Brighter Bites Program Director, Manager, Coordinators, and Associates in the field and office
  - Assists Brighter Bites staff with preparation of weekly food samples in the commercial kitchen.
  - Contributes to existing or developing new nutrition education materials, as needed.
  - Contributes to fundraising/marketing events, as able (may include evenings or weekends).
  - Assists team with data processing, cleaning, and entry.
  - Other duties as assigned.

## **Requirements**

- Conversational Spanish language skills required. Bilingual (Spanish/English) preferred.
- A passion for sharing the power of fresh food with others, especially children.
- Displayed interest in nutrition education, community public health, dietetics, food justice, and/or childhood obesity prevention.
- Experience working with elementary school age children, preferably in an educational setting.
- Exceptional customer service skills.
- A positive, energetic attitude.
- Excellent written and verbal skills.
- Basic culinary skills and interest in cooking.
- Basic math and computer proficiency.
- Ability to initiate known tasks and work independently, with the support of Brighter Bites staff
- Commit to a minimum of 8 hours per week Monday – Friday, mostly in the field at sites

## **Operational and Physical Requirements**

- Must be able to travel independently to office and school sites around city area
- Must be able to lift boxes/bags weighing up to 50 pounds each on a continuous basis.

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*To apply, please send resume and cover letter to  
[bethany.dawson@brighterbites.org](mailto:bethany.dawson@brighterbites.org)  
with "Program Intern" in the subject line*

